

Roadmap to Healthy Communities

↳ *Exploring New Directions Together*

Fall 2009

Clackamas County Community Health



What Does a Healthy Community Mean to You?

Clackamas County Community Health is making a plan to improve the health of our county and its residents. A healthy community means many different things to different people. We want to know what it means to you.

Over the next few months, there will be several chances for you to tell us what community health means to you including:

- ▲ A brief online survey.
- ▲ Facilitated community meetings.
- ▲ A unique opportunity for grassroots participation, called *Meeting-in-a-Box*, where you can talk about healthy communities in your home, your workplace or other community space, then share your thoughts with us. We provide all the materials.

Community Health will use opinions and information gathered from the community, along with other data about our county and its residents, to develop a plan – or roadmap – for the next several years. We're calling this process *Roadmap to Healthy Communities*.

Improving the health of our county is an important job. Listening to county residents and developing community partnerships are at the center of this effort. Our Roadmap to Healthy Communities project gives us the chance to explore new directions and work together to create the healthy Clackamas County that we all want.

Community Advisors

Though all county residents will be able to contribute their thoughts and ideas, a group of 20 community leaders from throughout the County will be Community Advisors. These people will:

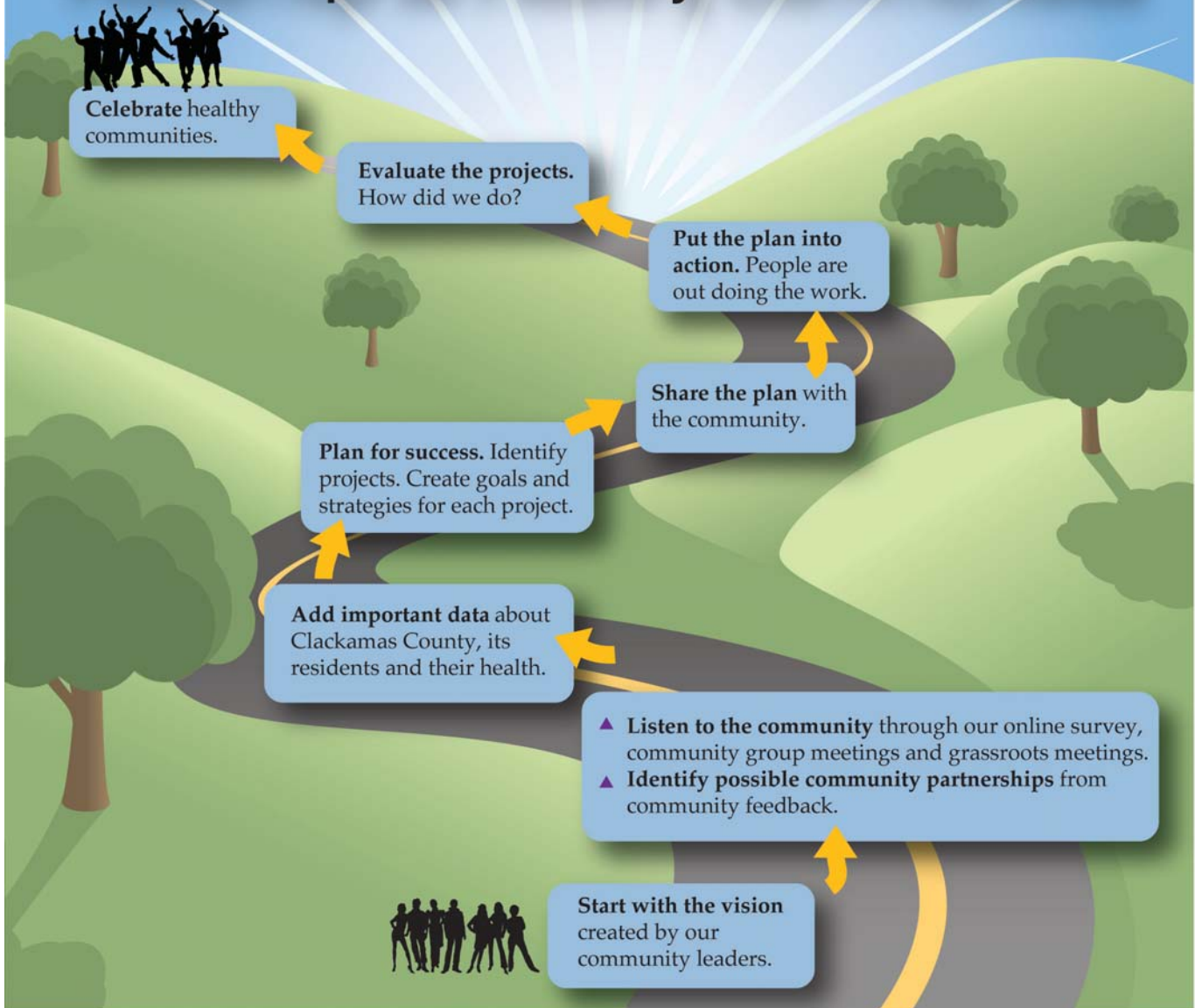
- ▲ Serve as ambassadors for the planning process.
- ▲ Guide the community involvement process.
- ▲ Review and prioritize information that comes from citizens.
- ▲ Identify possible projects and community partners.
- ▲ Provide on-going advice to Community Health as we create our roadmap.

Be a Part of Something Important!

Let us know what a healthy community looks like to you.

- ▲ Take the Roadmap to Healthy Communities survey. It's easy and only takes a few minutes. Go to www.clackamas.us/community_health/roadmap.jsp. Click on the *Community Health Survey* link and give us your thoughts and opinions. The survey runs from mid-September through early December.
- ▲ Find out how you can host or participate in a meeting of your friends and neighbors by visiting the website or emailing roadmap@co.clackamas.or.us.
- ▲ Not connected to the internet? Call 503-742-5340 for more information.

Roadmap to Healthy Communities



Our Vision

Earlier this year, community leaders from across Clackamas County met to discuss their vision for healthier communities. They drafted a vision statement and revised it with input from two community forums. This is the vision statement that is guiding our planning effort:

A healthy Clackamas County is a place everyone wants to live.

- ▲ *All people have housing, healthcare, education and work.*
- ▲ *All people have clean air and water, green space, and healthy food.*
- ▲ *All people live in safe neighborhoods with safe places to exercise and play, and access to affordable public transportation options.*
- ▲ *All people feel healthy, supported, and connected to their community.*
- ▲ *All people are able to improve their health and that of others.*
- ▲ *All people volunteer for their community and help make the decisions that affect them.*
- ▲ *Organizations work together to provide useful resources.*

Timeline

